



I Felt the Holy Spirit Was Saying:

By Kathleen Nowak

In February of this year, I felt that the Holy Spirit was saying:

“In this time of darkness, you who love Me, you who follow Me; pray for my children who live in darkness. As the evil in this world increases, your prayers for the world must increase.”

And then several areas that especially need prayer came to me:

- Pray that many will come to repentance for their sins.
- Pray more fervently for my children who are lost, who are deceived by the spirits of this age.

- Pray that the hearts of mothers would be turned to the children growing within them and let them live.
- Pray for deliverance for those who are oppressed by perverse spirits; those with same-sex attraction; those with gender identity problems.
- Pray for an end to the sexual exploitation of children and young adults.
- Pray for young people, that they would see through the lies taught to them and come to know the truth.
- Pray for love and unity in marriages and family life.
- Pray that young people will choose to marry and establish families and not cohabit.
- Pray for conversion throughout the land.
- Pray that people will return to their churches, to worship and praise the God who made them.

After I wrote them down, I noticed that there were **ten intentions**, just enough **for one decade of the rosary**.

And so, **I invite you to also to pray for these intentions**. If you like, you can pray one decade of your daily rosary for them.



Kathy Nowak-(on the right) is a cradle Catholic who has been ministering in the Church in many areas since she received the Baptism in the Holy Spirit in 1975. Before the churches were shut down, she helped facilitate the Evening Bible Study group at the Church of Epiphany in Brick and served as a prayer group leader for JOY Prayer Group. She is also a member of Light of Life Prayer Group at St. Joseph's Catholic Church in Toms River. She and her husband, Deacon

Ron Nowak, are the parents of four children and are blessed with nine grandchildren. You can read more of her writing at

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